

**LOOK  
WHO'S**

**IDENTIFYING &  
CORROBORATING  
STALKING**

---

# **STALKING**

**Patrick Q. Brady, Ph.D.**

Department of Criminal Justice  
University of Colorado Colorado Springs

[pbrady@uccs.edu](mailto:pbrady@uccs.edu)

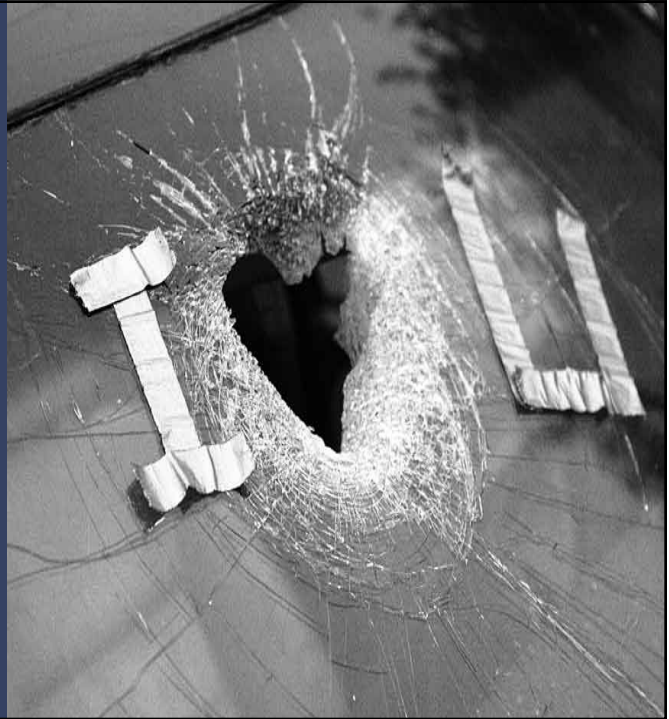
1

**WHAT IS STALKING?**

2

## STALKING DEFINED

A course of unwanted conduct directed at a specific person that causes them substantial emotional distress, fear, or would cause a reasonable person to fear for the safety of themselves or others<sup>1</sup>



<sup>1</sup>National Center for Victims of Crime (2007); Logan & Walker (2018)

3

## STALKING DEFINED

A **course of unwanted conduct** directed at a specific person that causes them substantial emotional distress, fear, or would cause a reasonable person to fear for the safety of themselves or others<sup>1</sup>

Two or more acts or a single act more than once

Occurring directly, indirectly, and/or through third parties,

By any action, method, device, or means

Serves no legitimate purpose

<sup>1</sup>National Center for Victims of Crime (2007); Logan & Walker (2018)

4

## Most common stalking behaviors reported by victims in 2019

53%	Unwanted <b>phone calls/voice mails/text messages</b>
42%	Unwanted <b>e-mails/messages on the Internet/social media</b>
37%	<b>Followed</b> or watched
33%	<b>Showed up</b> /road by/drove by places unexpectedly
29%	<b>Monitored</b> activities via <b>social media</b>
26%	<b>Harassed</b> /repeated asked <b>friends/family for information on victim</b>
23%	<b>Posted</b> inappropriate/ <b>personal information</b>
21%	Spied on or <b>monitored activities using technology</b>
20%	<b>Waited at victims' home</b> /work/school/any other place
13%	Left/ <b>sent unwanted items</b>
11%	<b>Tracked whereabouts</b> with electronic device/app

2019 National Crime Victimization Survey (Morgan & Truman, 2022)

5

## STALKING DEFINED


A course of unwanted conduct directed at a specific person that causes them **substantial emotional distress**, fear, or would cause a reasonable person to fear for the safety of themselves or others<sup>1</sup>

Significant mental suffering or anguish that may, but **does not necessarily require**, medical/other professional treatment or counseling

<sup>1</sup>National Center for Victims of Crime (2007); Logan & Walker (2018)

6

# SUBSTANTIAL EMOTIONAL DISTRESS MAY PRESENT AS:



- Changing routine/appearance
- Adopting self-protective behaviors
- Seeking professional help
- Issues with physical health
- Increased anxiety, depression, suicidal ideation
- Frustration, irritability, hopelessness
- Academic/workplace performance issues
- Increased substance misuse
- Nervousness, feeling "on guard"
- Difficult eating or sleeping

7

## STALKING DEFINED

A course of unwanted conduct directed at a specific person that causes them substantial emotional distress, **fear**, or would cause a **reasonable person** to fear for the safety of themselves or others<sup>1</sup>

Based on the totality of the circumstances

A reasonable person would consider the course of conduct to cause fear or emotional distress

Accounts for minimization

<sup>1</sup>National Center for Victims of Crime (2007); Logan & Walker (2018)

8

## AT WHAT POINT DOES IT BECOME **STALKING**?

COMMON BEHAVIORS IN INTERPERSONAL RELATIONSHIPS		STALKING BEHAVIORS	
Frequently texting	Showing up where the person is	Frequently texting	Showing up where the person is
Adding/following them on social media	Multiple calls	Adding/following them on social media	Multiple calls
Giving gifts	Using friends or family to gather information	Giving gifts	Using friends or family to gather information

Platonic, Professional & Romantic pursuit behaviors	Harassment	Obsessional Relational Pursuit <sup>1</sup>	FEAR	Stalking

Spitzberg & Cupach, 2014

9

## ARTICULATING FEAR

### Open-ended questions can include:

*“How has this experience made you feel?”*

*“Can you tell me what this experience has been like for you?”*

*“What have you done to protect yourself?”*

*“What has changed in your life as a result of their behavior?”*

*“What did you think was going to happen if you didn’t make these changes?”*

Changes in victims’ routine/appearance could indicate fear

10

**CONTEXT** Behaviors can have unique meanings – understood by victim and suspect only

**IS** Stalking criminalizes non-criminal behavior

**CRITICAL!** Fear can be retroactive

11

and also text on the phone that were incriminating towards him about being abusive to her and her children. I counted over 70 phone calls from [REDACTED] between 2130 hours on 07/13/2016 and approximately 0100 hours on 7/14/2016, and over 90 text messages during the same time frame.

12

**VICTIM** ADVISED ON TODAY'S DATE AT APPROXIMATELY 0800 HOURS WHEN SHE GOT INTO HER CAR TO HEAD TO WORK, HER CAR DOORS WERE LOCKED AND ON THE DRIVER'S SEAT WAS A CORONA BEER BOTTLE CAP.

She called the police because of a beer bottle cap...?

13

**VICTIM** ADVISED ON TODAY'S DATE AT APPROXIMATELY 0800 HOURS WHEN SHE GOT INTO HER CAR TO HEAD TO WORK, HER CAR DOORS WERE LOCKED AND ON THE DRIVER'S SEAT WAS A CORONA BEER BOTTLE CAP. **VICTIM** STATED YESTERDAY SHE CELEBRATED HER TWO-YEAR ANNIVERSARY OF BEING SOBER AND SHE HAD RECEIVED MESSAGES FROM PEOPLE IN HER AA GROUP CONGRATULATING HER ON HER TWO-YEAR SOBRIETY. SHE BELIEVES THAT **SUSPECT** PLACED THE BEER CAP IN HER CAR TO MESS WITH HER EMOTIONALLY AS SEEING ANYTHING RELATED TO ALCOHOL IS A TRIGGER TO HER. SHE BELIEVES THAT **SUSPECT** IS MONITORING HER MESSAGES AS THAT IS THE ONLY WAY **SUSPECT** WOULD KNOW ABOUT THE ANNIVERSARY.

14

SHE ADVISED THE PREVIOUS EVENING **SUSP** ENTERED HER RESIDENCE UNINVITED WEARING THE SAME TUXEDO FROM THEIR WEDDING HE WEARS WHEN FOLLOWING HER AROUND TOWN **SUSPECT** SNUCK INTO HER BEDROOM CRYING AND APOLOGIZING

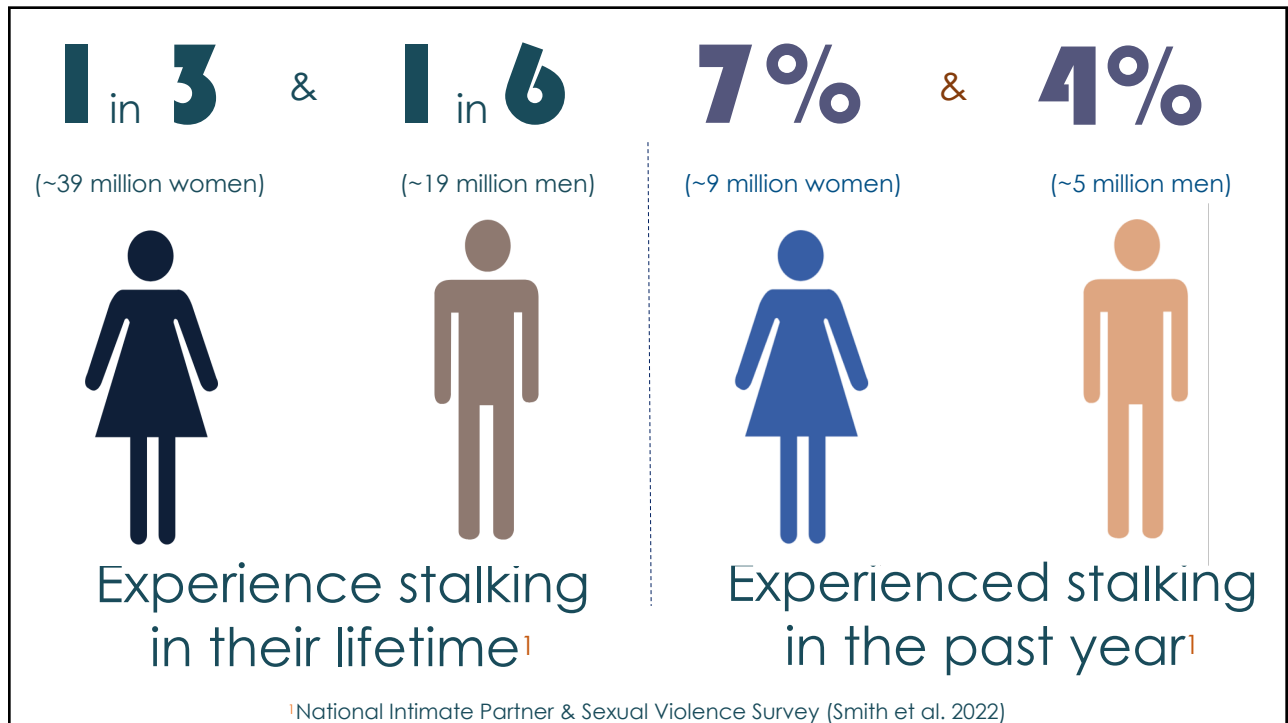
15

# CHARACTERISTICS & DYNAMICS OF STALKING

**WHAT WE  
KNOW**

16





17

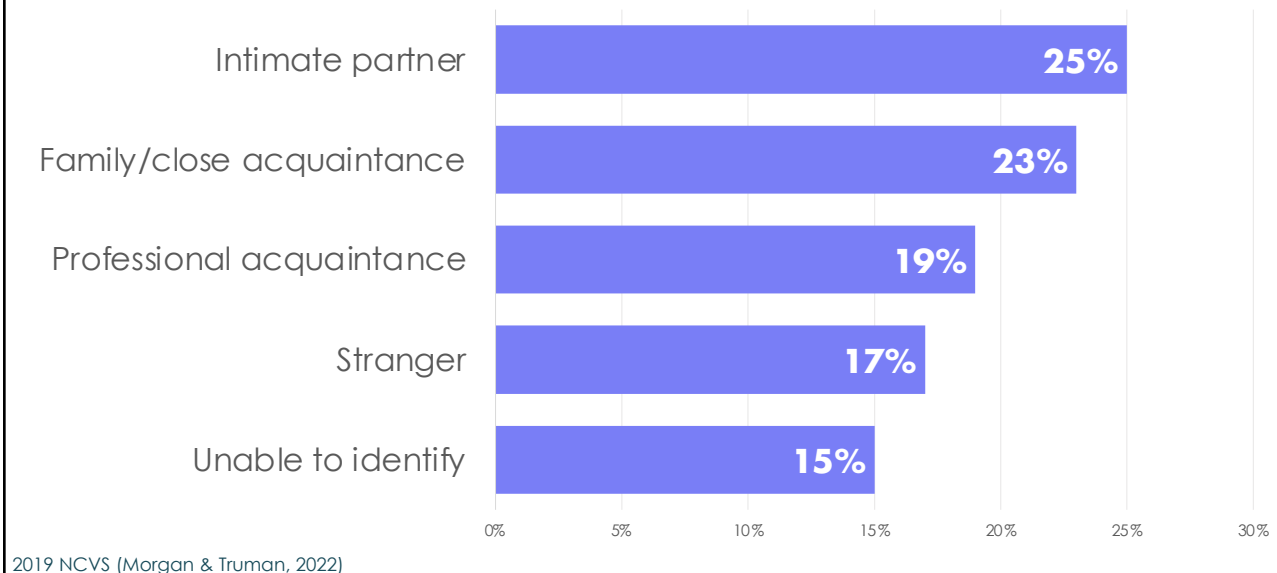
### Most victims experience stalking before age 25<sup>1</sup>

- 1 in 3 stalking victims (28%) have a disability<sup>2</sup>
- Members of the LGBTQ+ community are 2x more likely to be stalked<sup>2</sup>
- Greatest risk among people who are mixed race or American Indian/Alaska native<sup>2</sup>
- Most stalking victims know the offender in some capacity<sup>2</sup>

<sup>1</sup>National Intimate Partner & Sexual Violence Survey (Smith et al. 2022); <sup>2</sup>2019 NCVS (Morgan & Truman, 2022)

18

## Most common stalkers are **acquaintances** and **intimate partners**



19

## PARTNER STALKERS ARE THE MOST DANGEROUS

Partner stalkers are more likely to ...

Physically approach victims

Make & carry out threats of violence

Use weapons

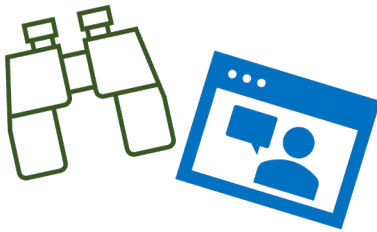
Escalate from stalking to violence

Not be deterred from interventions

Logan (2010)

20

## Partner stalking victims are more likely than non-partner stalking victims to...



Be stalked both in-person & through technology<sup>1</sup>



Be pursued for longer durations<sup>1</sup>



Experience more frequent, unwanted encounters<sup>1</sup>

<sup>1</sup>Brady (2022)

## Partner stalking victims are also more likely than non-partner stalking victims to...

Adopt a greater number of self-protective behaviors

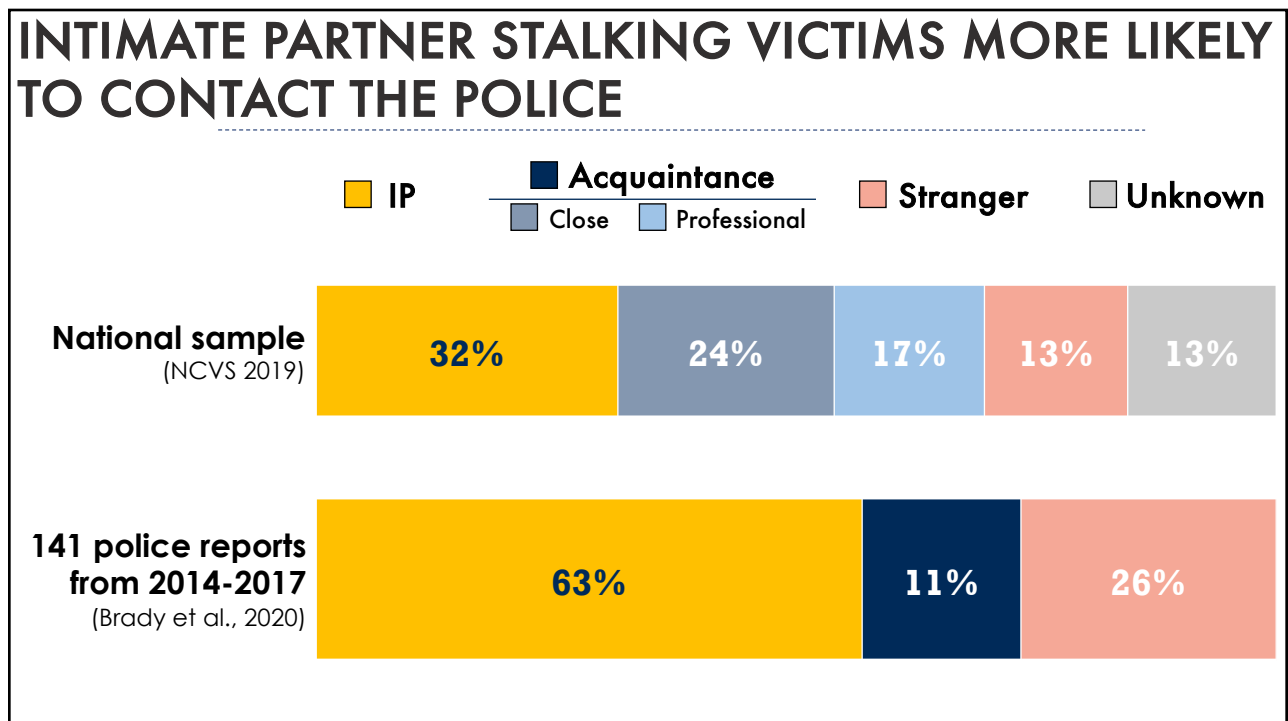


<sup>1</sup>Brady (2022)

**70%**  
of stalking  
victims  
**DO NOT** involve  
the police<sup>1</sup>


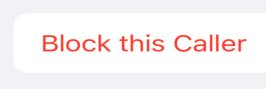





2019 NCVS (Morgan & Truman, 2022)

23



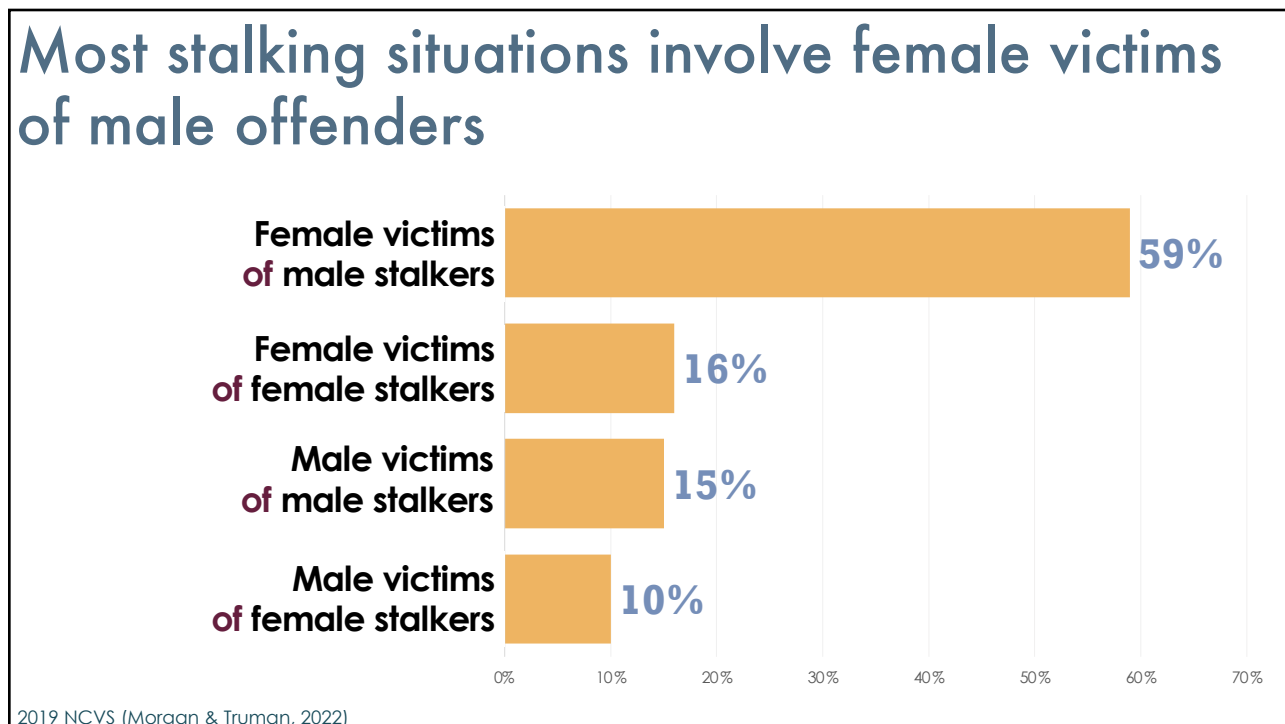
24

**Partner stalking victims are also more likely than non-partner stalking victims to...**

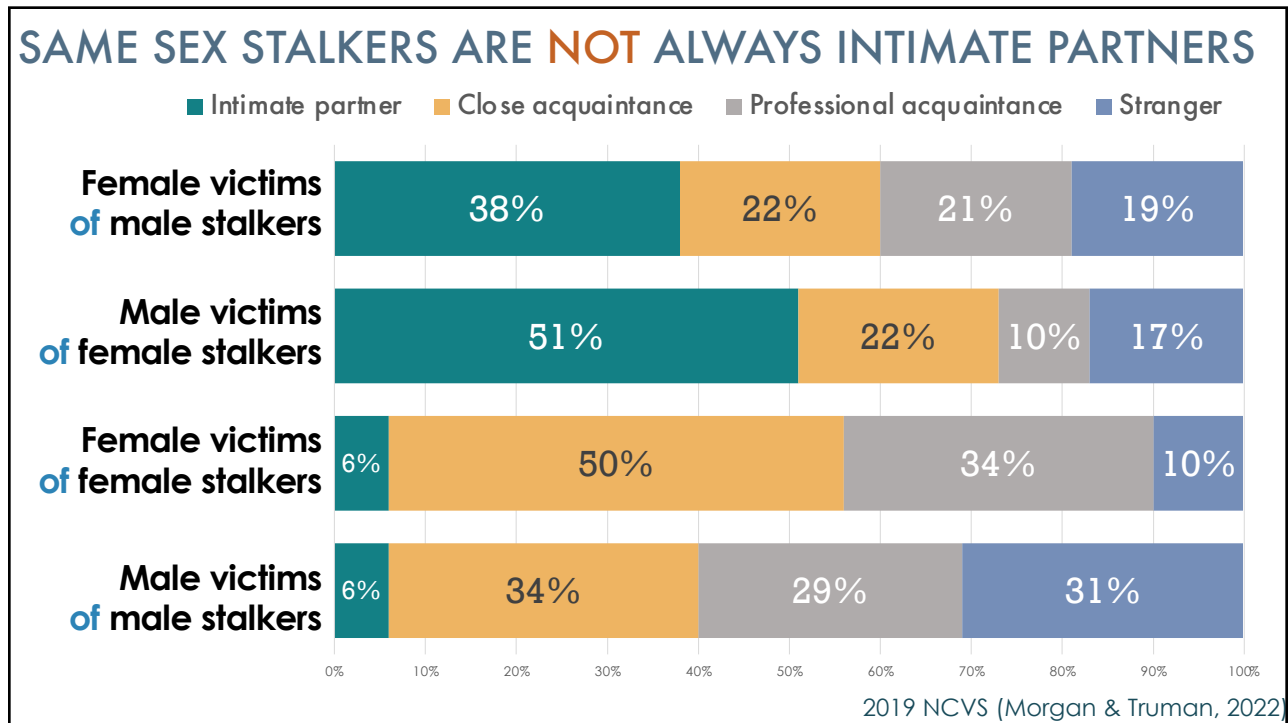
-  Enlist help from family & friends
-  Block numbers/ social media accounts
-  Change personal information
-  Change routine activities
-  Access victim services
-  Apply for protection orders
-  Call the police

<sup>1</sup>Brady (2022)

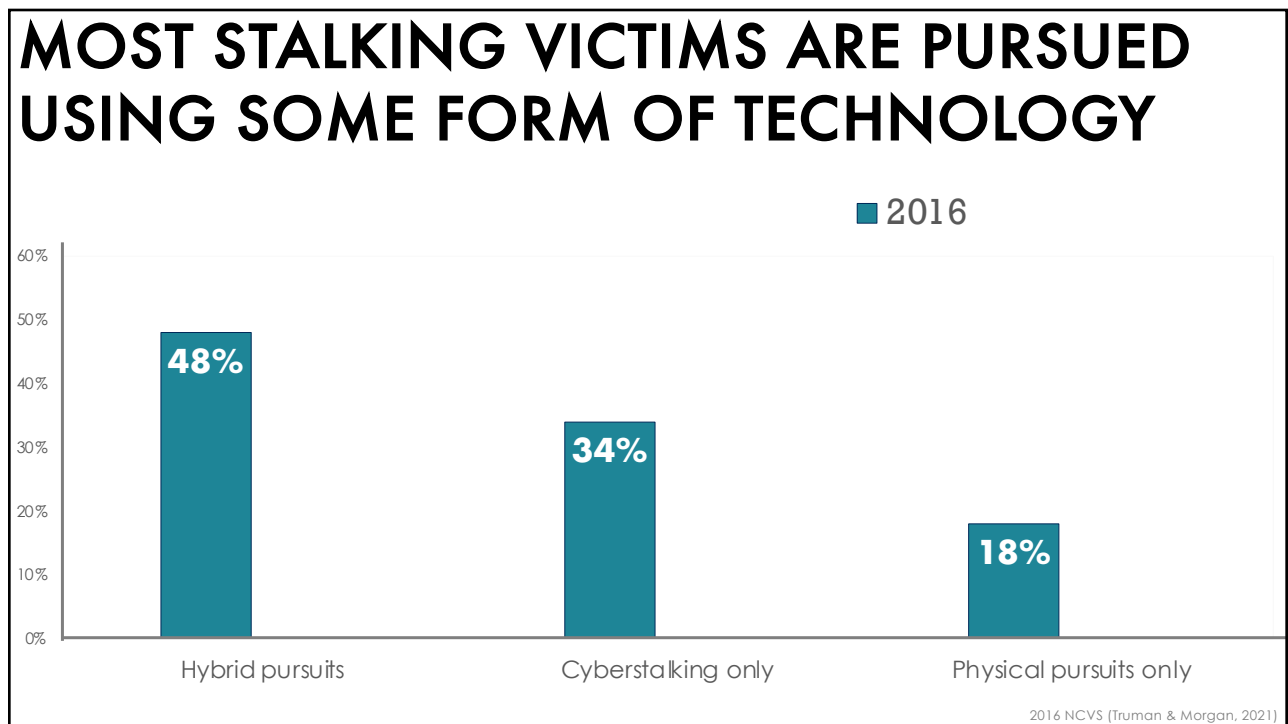
25



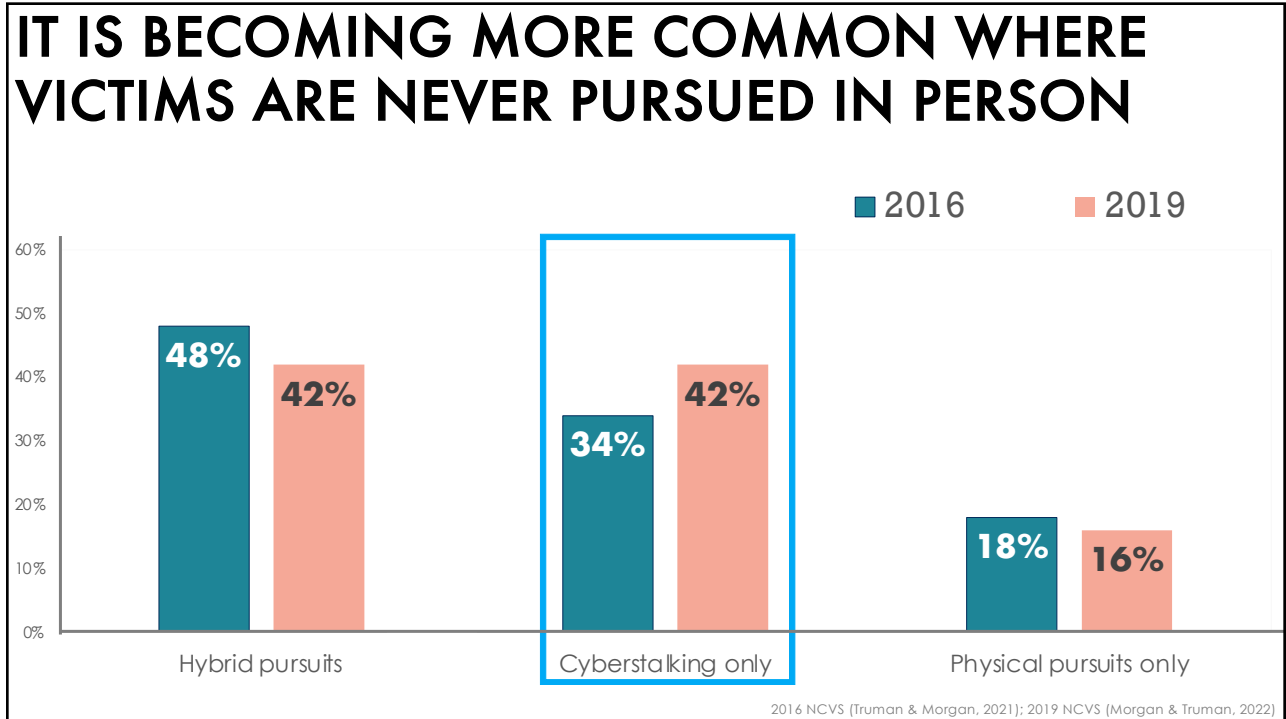
26



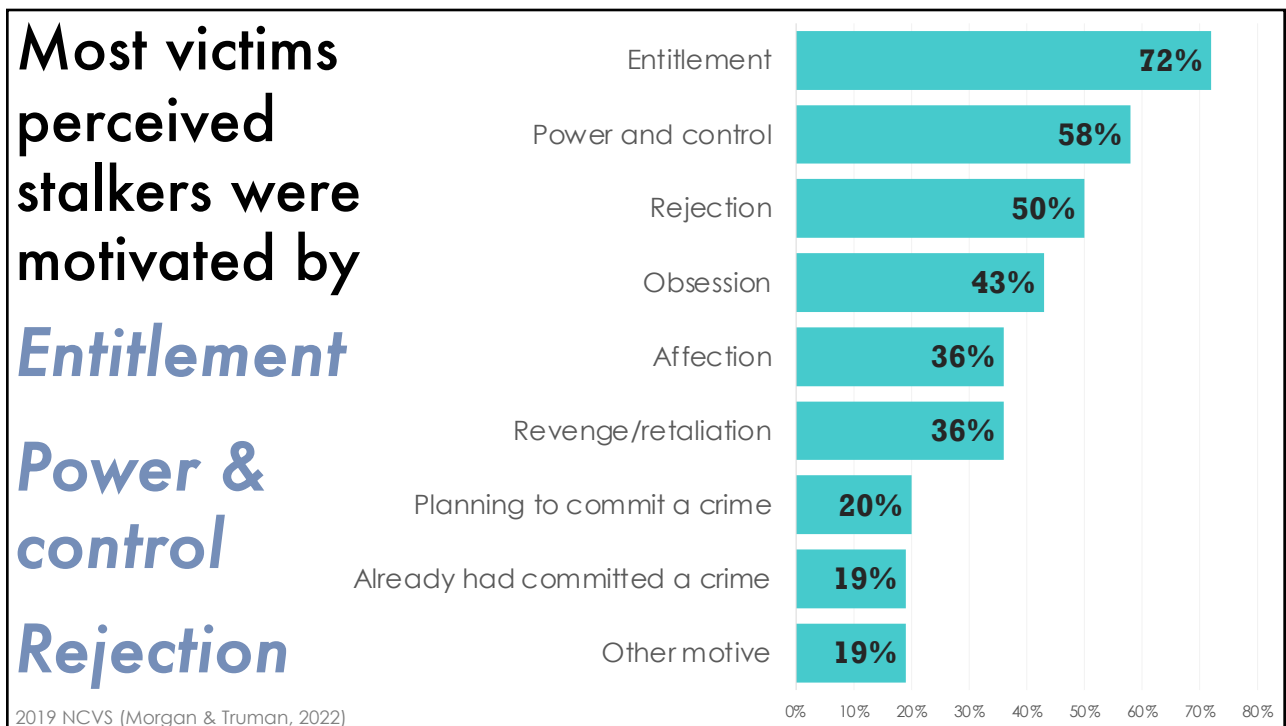
27



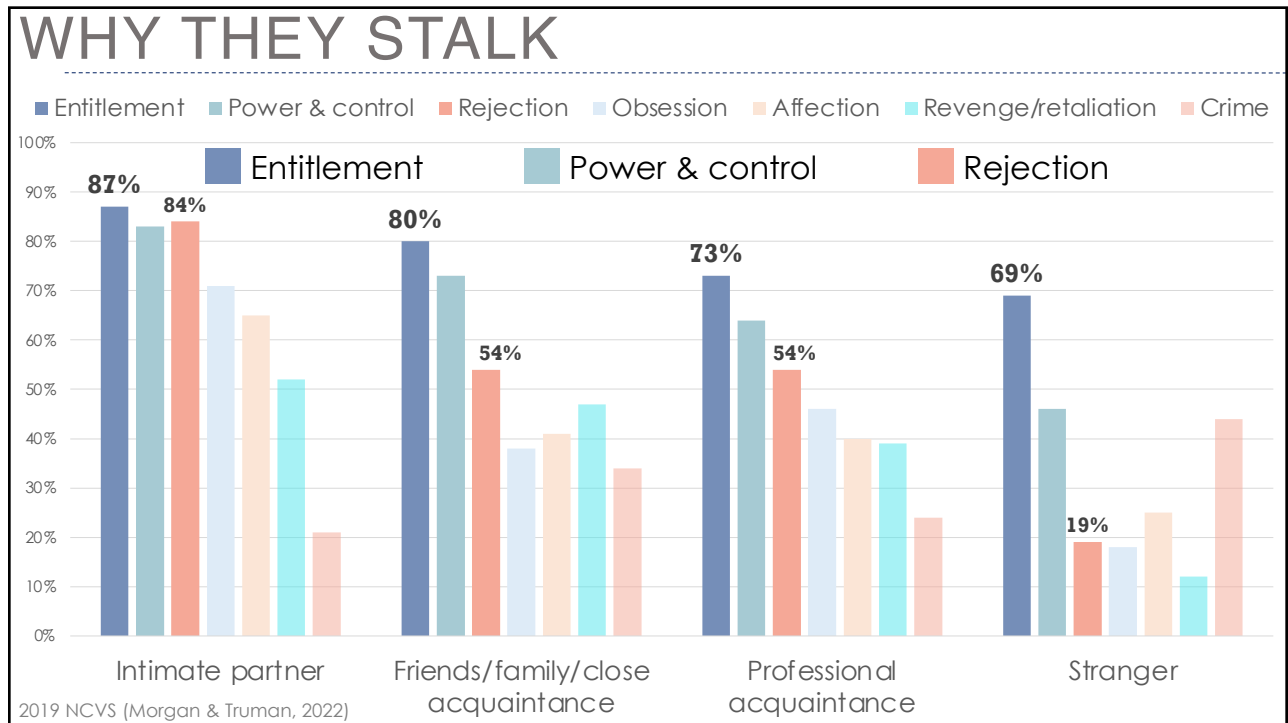
28



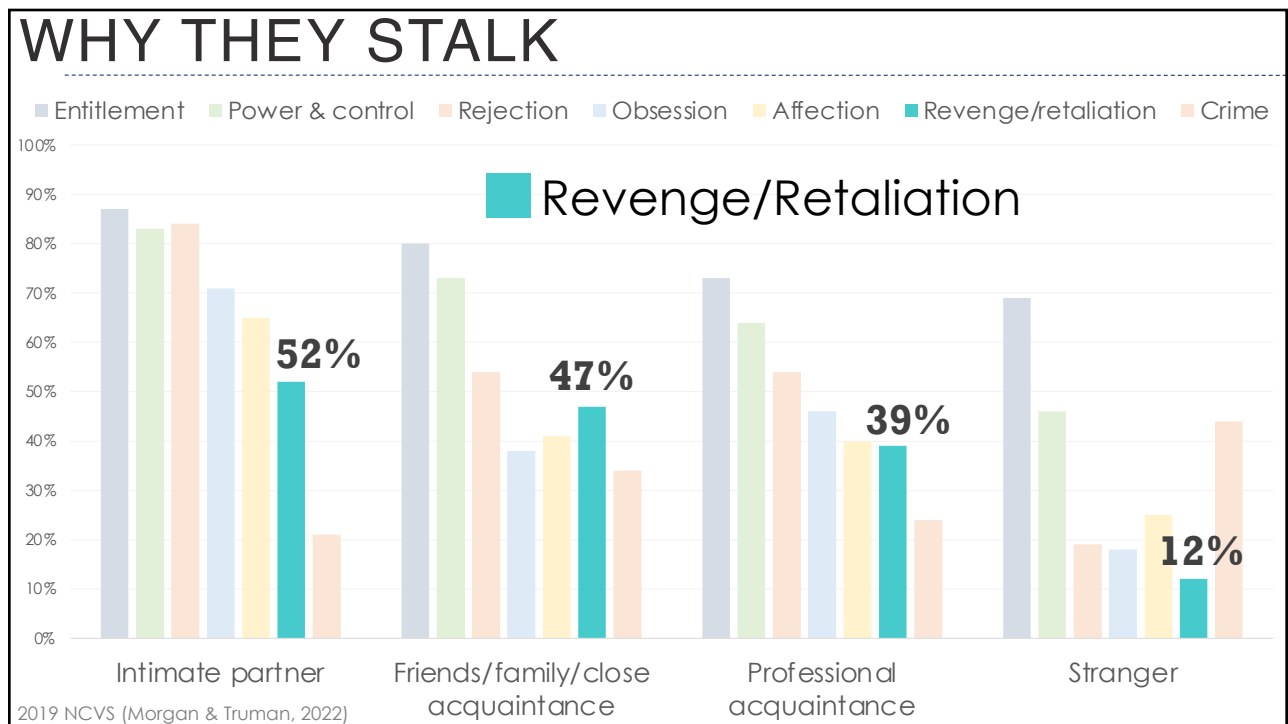
29



30

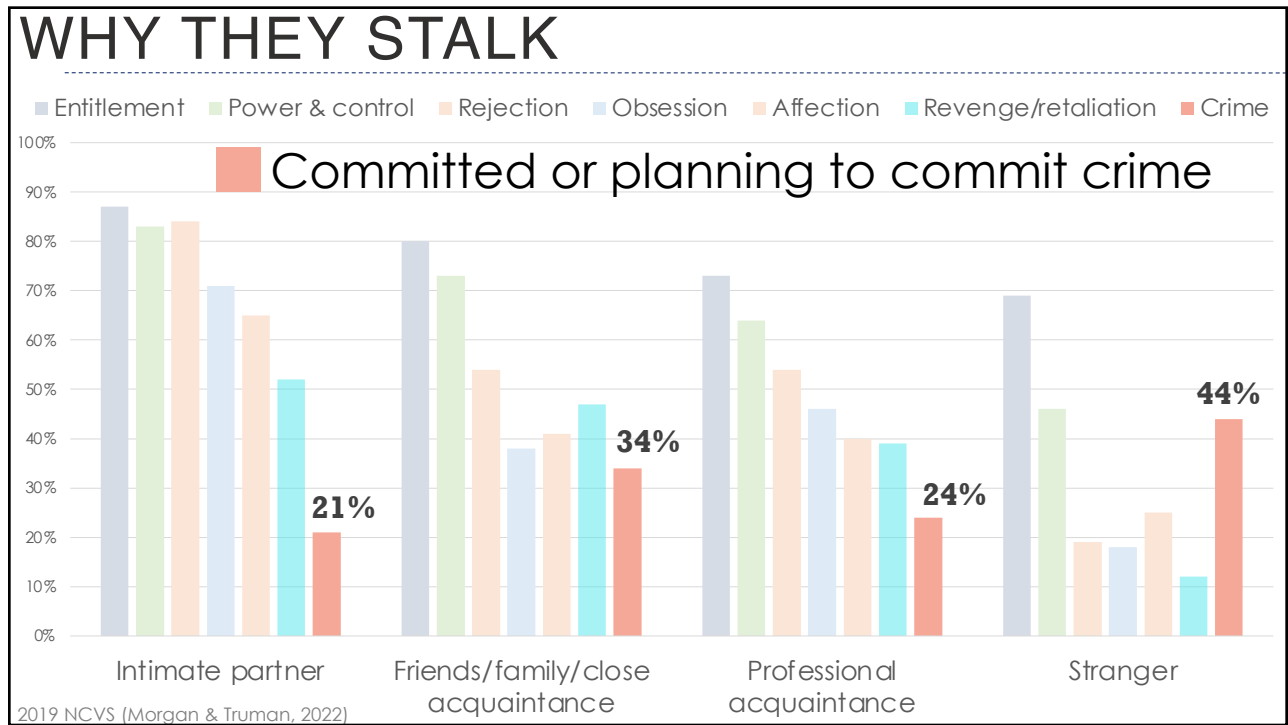


31



32





33

# IDENTIFYING THE COURSE OF CONDUCT

34

**STALKING IS OFTEN**

Misidentified  
Under-reported  
Overlooked  
Minimized

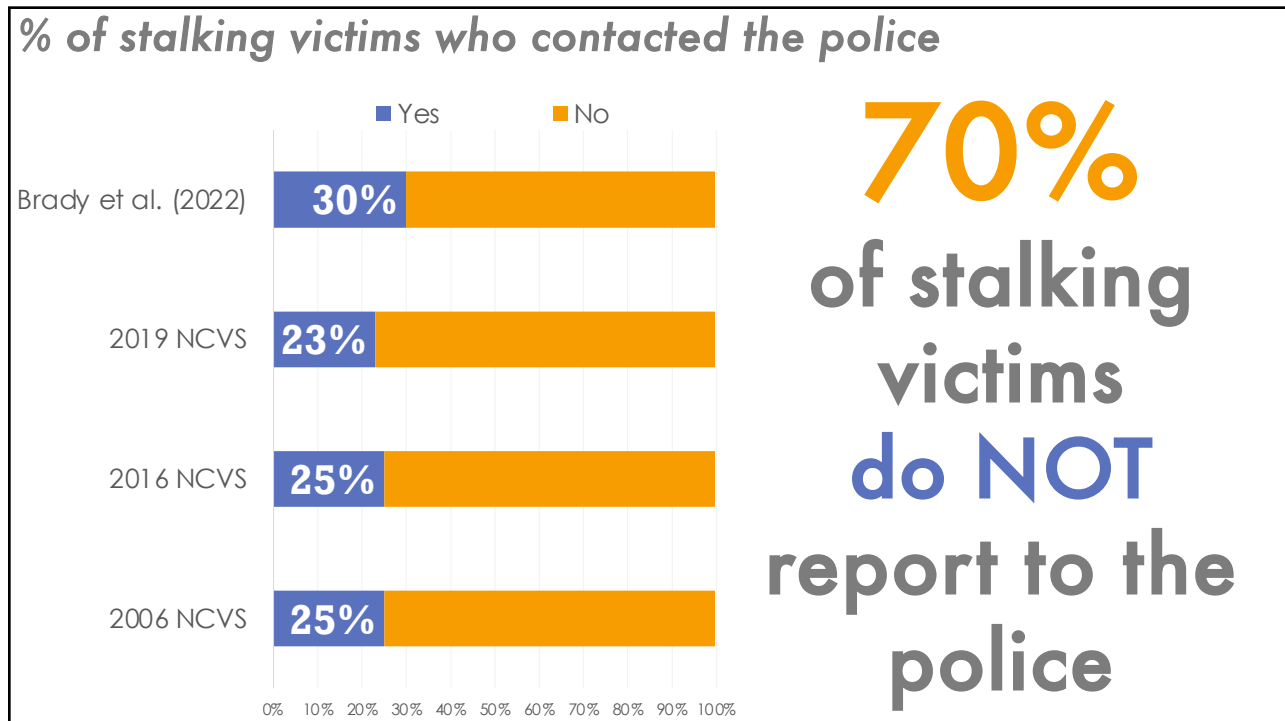


35

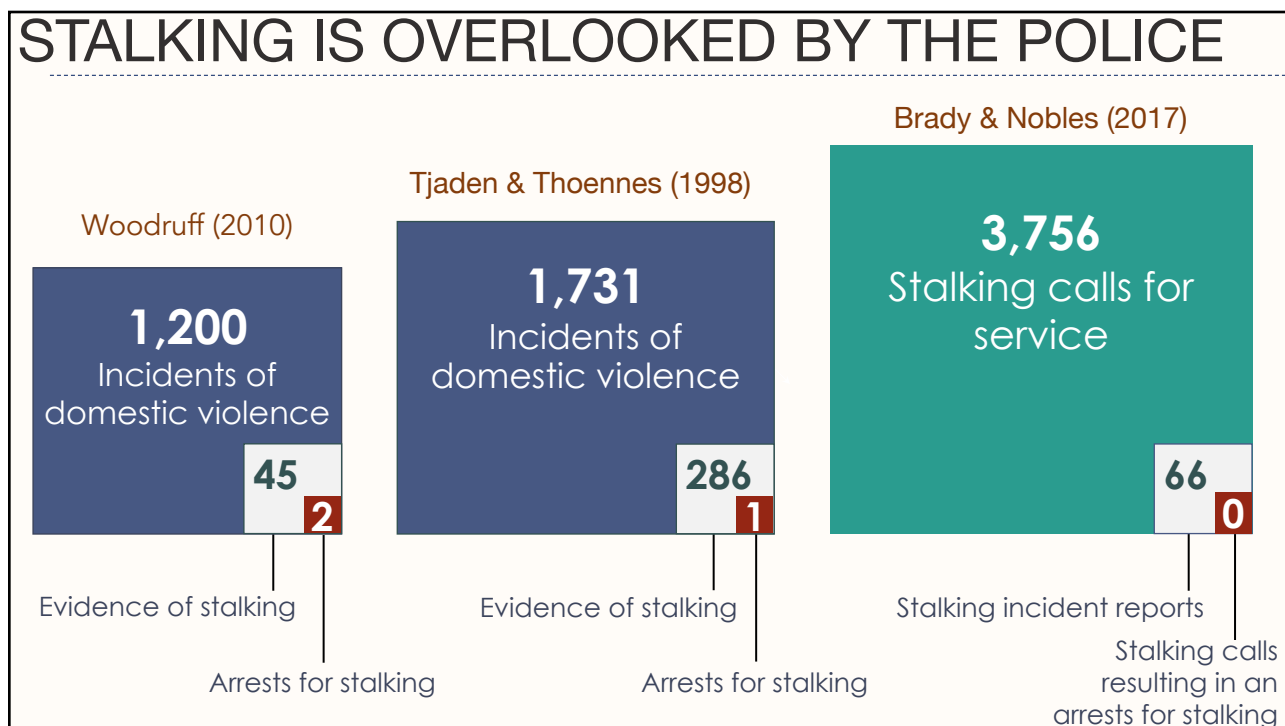
Despite meeting legal criteria, **less than half of stalking victims did not consider their**

	NO	YES
2006 NCVS (Baum et al., 2009)	46%	54%
18 to 24-year-old stalking victims (Brady et al., 2022)	42%	58%

36



37



38

<b>STALKING IS A RISK FACTOR FOR INTIMATE PARTNER HOMICIDE</b>	
<b>Top 10 risk factors for Intimate partner homicide</b>	<b>Risk for male perpetrated &amp; female IPH victimization</b>
1) Direct access to guns	<b>11-fold increase in risk of IPH</b>
2) Threatened victim with a weapon	7-fold increase in risk
3) Non-fatal strangulation	7-fold increase in risk
4) Perpetrated rape/forced sex	5-fold increase in risk
5) Controlling behaviors	6-fold increase in risk
6) Threatened to harm the victim	4-fold increase in risk
7) Abused victim while pregnant	4-fold increase in risk
<b>8) Perpetrated stalking</b>	<b>3-fold increase in risk of IPH</b>
9) Jealousy	2-fold increase in risk
10) Substance abuse	2-fold increase in risk

Spencer & Stith, 2018 – meta analysis of 17 IPH studies

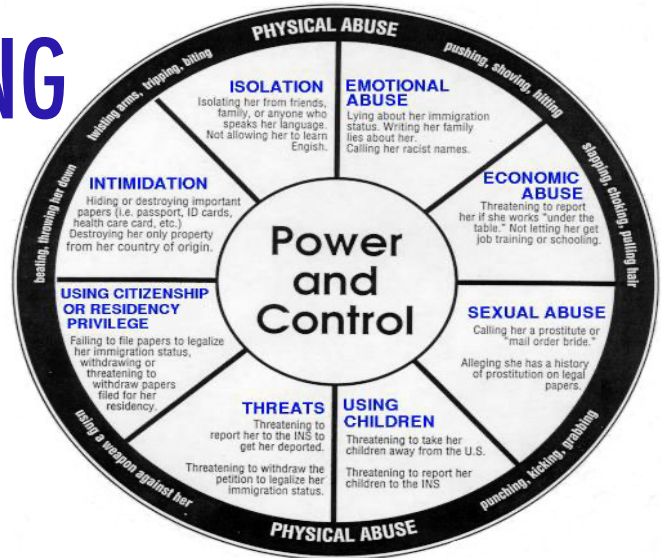
39

In **85%** of attempted  
& **75%** of completed  
intimate partner **femicides**,  
stalking occurred in the year  
prior to the attack

McFarlane et al., 1999; 2002

40

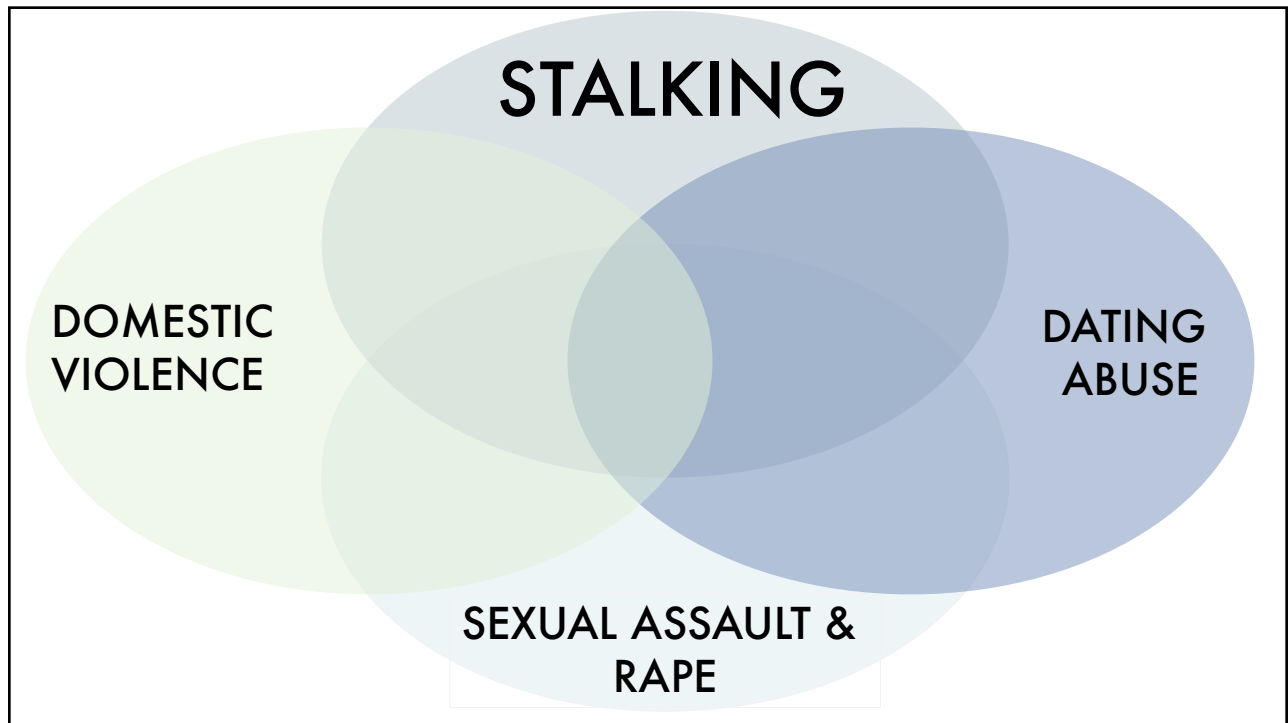
ABUSE IS ABOUT **GAINING** & **MAINTAINING** **POWER & CONTROL**



41

ABUSERS ESCALATE TO VIOLENCE AND **HOMICIDE** WHEN **COERCIVE CONTROLLING** BEHAVIORS ARE **NO LONGER WORKING**

42

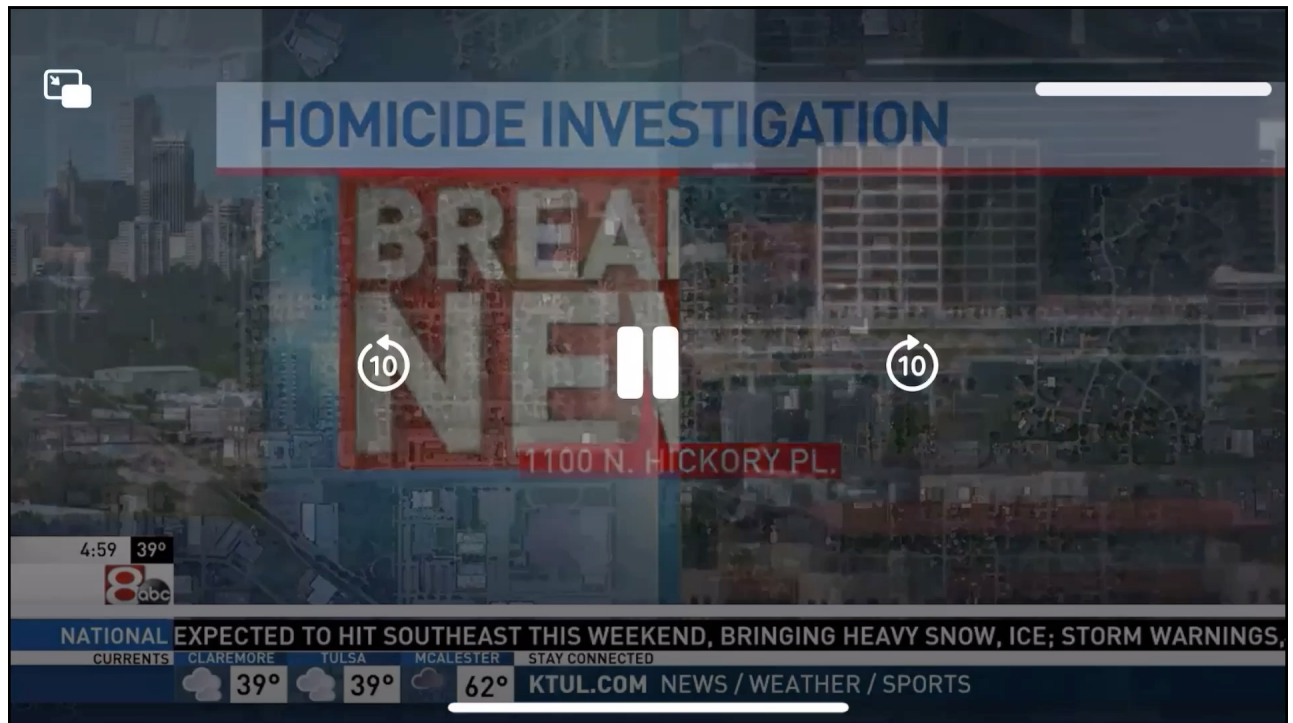


43

### STALKING CAN OCCUR BEFORE & AFTER ASSAULTS

			
<b>Stalker threatens and/or plans assault</b>	<b>Stalker solicits third party to commit the assault</b>	<b>Stalker sexually assaults the victim</b>	<b>Stalker contacts victim after assault</b>

44

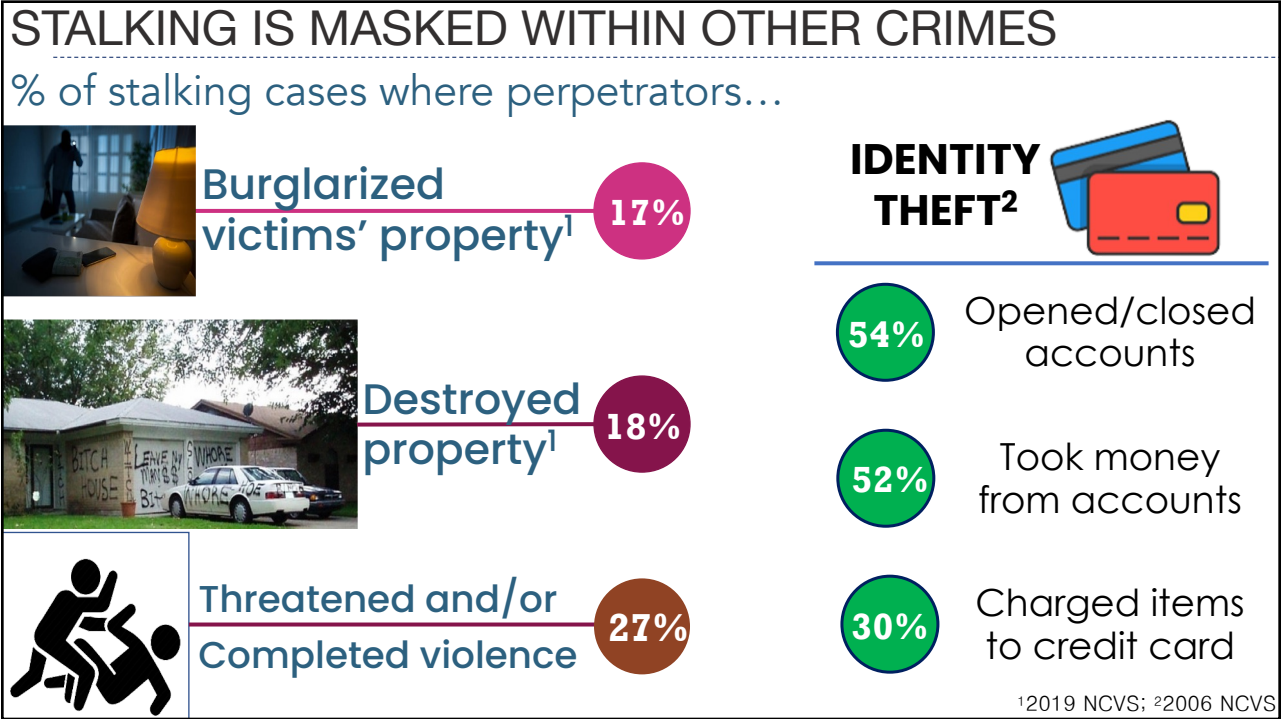


45

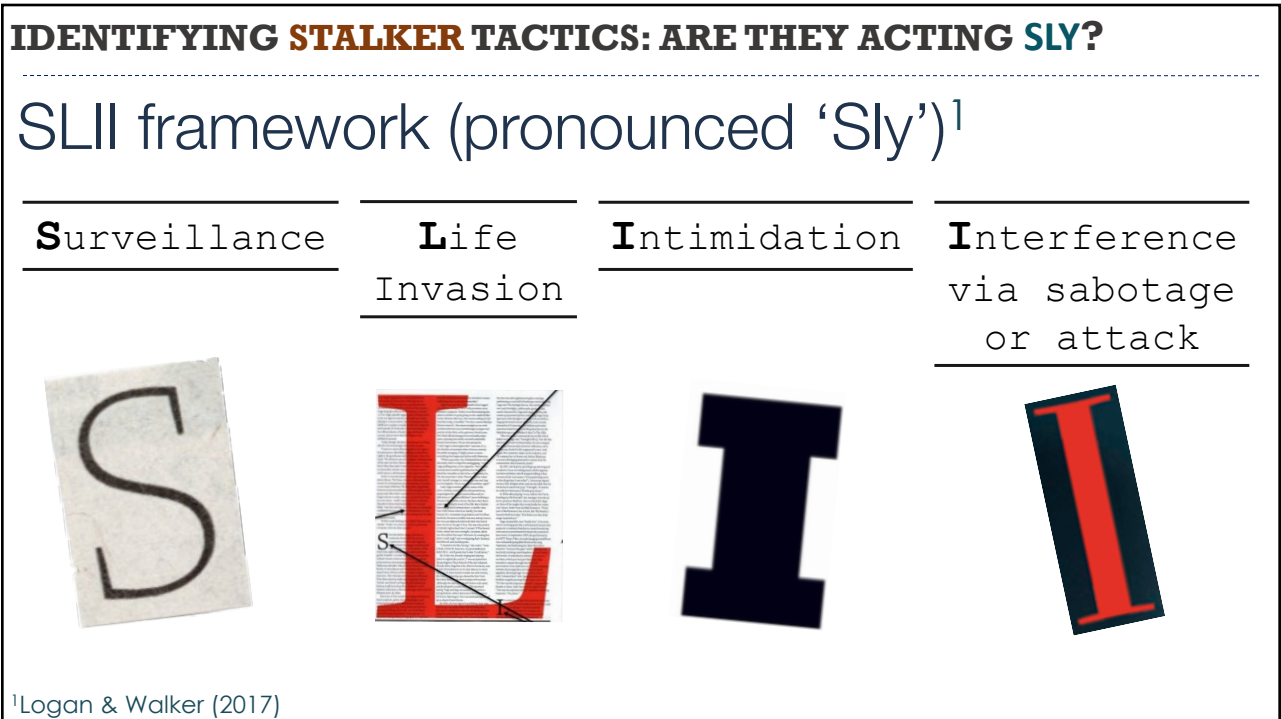


46






47



48

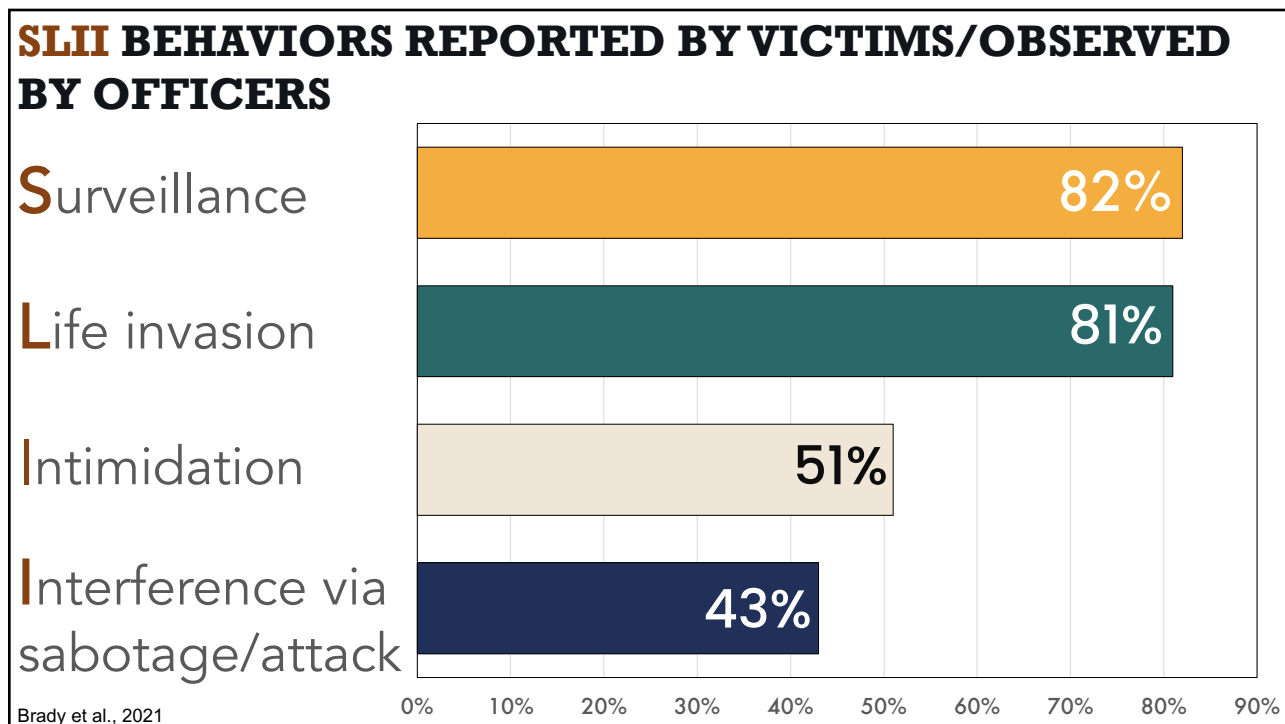


## SLII: SURVEILLANCE

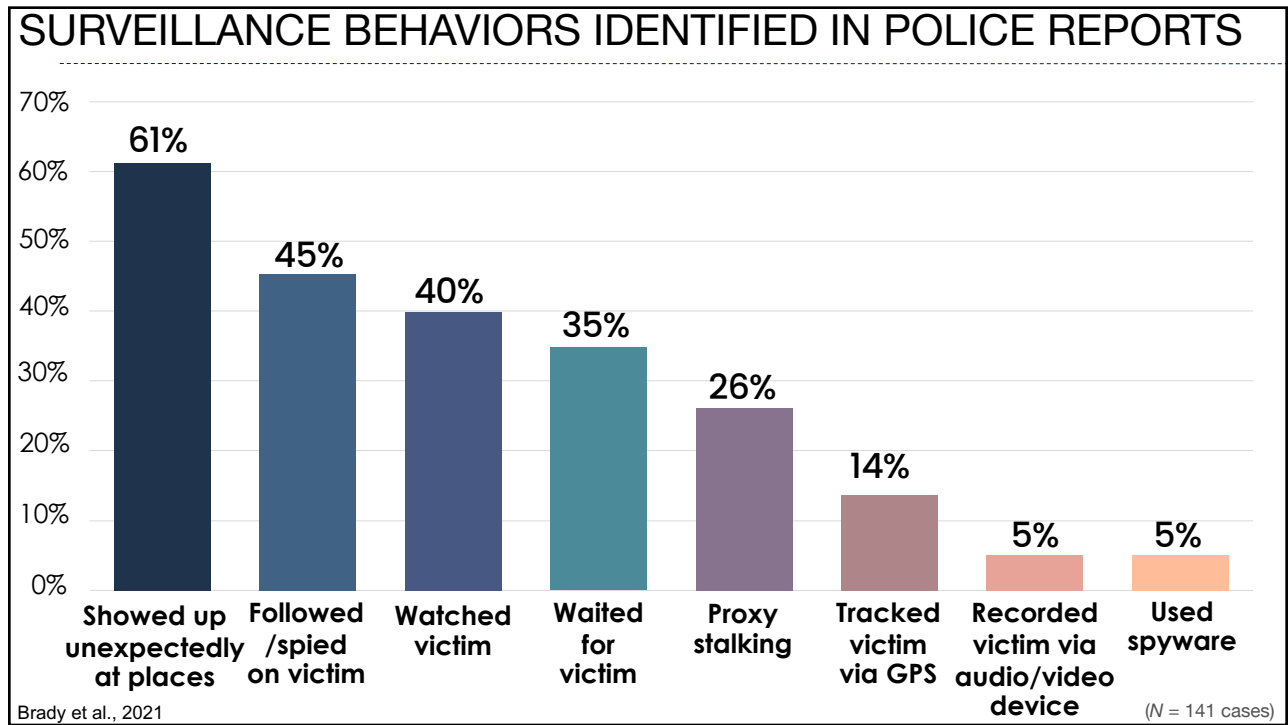


<b>FOLLOWING</b>
<b>WATCHING</b>
<b>WAITING</b>
<b>SHOWING UP</b>
<b>PROXY STALKING</b>
<b>OBTAINING INFORMATION ABOUT THE TARGET</b>
<b>TRACKING DEVICES &amp; SOFTWARES</b>

49



50



51

## Spyware

Software or app that is installed on device to monitor all activities and locations

#### PREMIUM

Choose PREMIUM for all around monitoring of mobile activities. Gives you more features than any of our competitors.

starting from **\$68** per month

**Subscriptions**

- \$68 1 month
- \$99 3 months
- \$149 12 months

**BUY NOW**

- Facebook, LINE, Viber, WeChat, Skype, iMessage, SMS, BBM, WhatsApp
- Call Logs, Address Book, Notes, Calendar
- Photos, Videos, Music, Wallpapers
- App

#### EXTREME

Only for the most demanding detectives, EXTREME adds monitoring and recording of all audio streams and other amazing discovery tools.

starting from **\$199** per quarter

**Subscriptions**

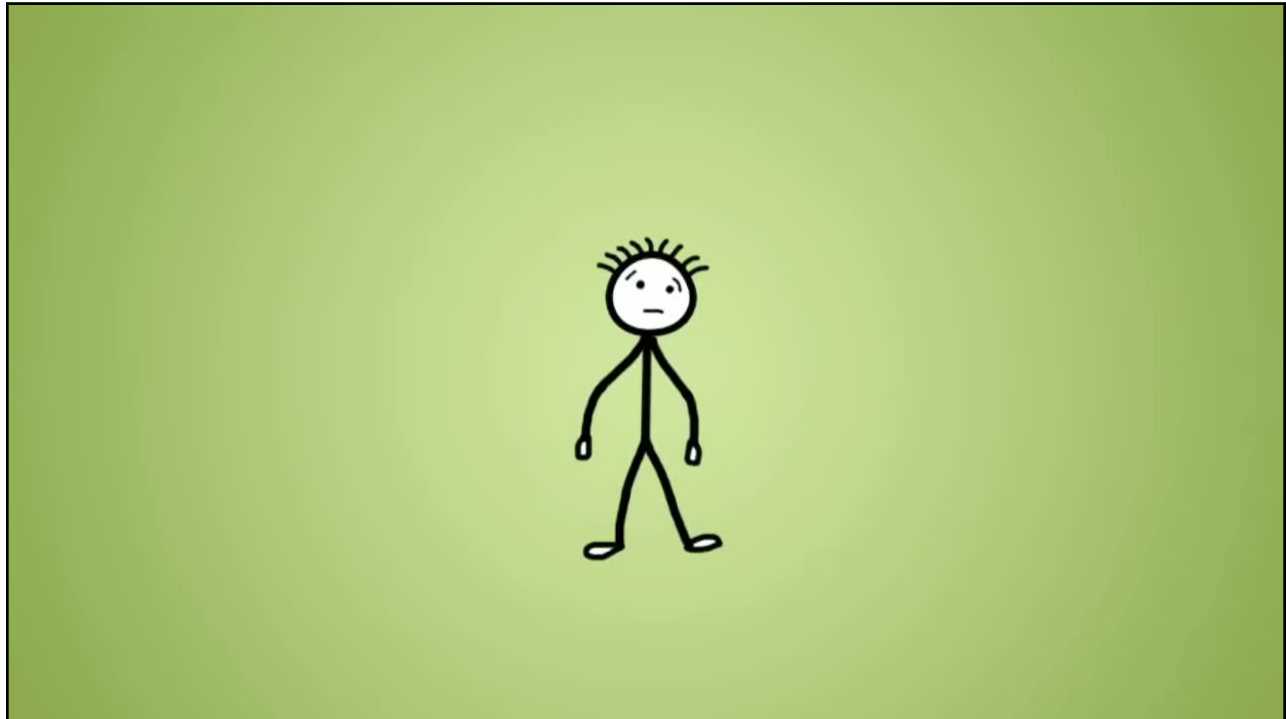
- \$199 3 months
- \$349 12 months

**BUY NOW**

Includes all PREMIUM features Plus

- Listen to and Record Phone Calls
- Control Microphone and Camera
- Spoofting Tools

52



53

# Spyware

**FlexiSPY iPhone Tracker Lets You:**

- Intercept and listen to live phone calls
- Open the microphone and listen to the iPhone's surroundings
- View all Pictures, Video and Audio stored on the iPhone
- Spy on instant messages such as Facebook, LINE, WhatsApp, Viber, Skype, iMessage, BBM, Instagram etc
- Remotely control the iPhone's camera to take pictures
- View web history, bookmarks and app usage
- Spy on the iPhone's address books, notes and calendars
- Receive alerts when keywords appear in messages
- Receive alerts when the iPhone enters prohibited areas
- Unlimited device changes during subscription
- Record keystrokes and take screenshots
- Over 150 iPhone tracker spy features

54

# Spyware

## Some signs to look for

- Battery Too Hot**  
A hot device for no apparent reason might be a clue.
- Shutting down**  
Will not shut down, randomly shuts down, delayed shut down or backlight stays on?
- Background Noises**  
Unusual background noises and clicking? - repeated not just a one off.
- Sudden Changes**  
You know your phone - look for the unexpected.
- Battery Drain**  
Is your battery running down too fast? Again, a sudden change.
- Strange messages**  
SMS text messages containing unusual characters and symbols? Spy apps use these.
- Distortion - Electronic**  
Is your device causing distortion on surrounding electronics?

55

# SLII: LIFE INVASION

1:49  
Sunday, January 28

MESSAGES  
Stalker 🧑🧑🧑  
5 iMessages

**LIFE INVASION**

Verizon 1:50 PM

Stalker 🧑🧑🧑

Unwanted contact at home, work, school, or other places

Phone calls

Property invasion

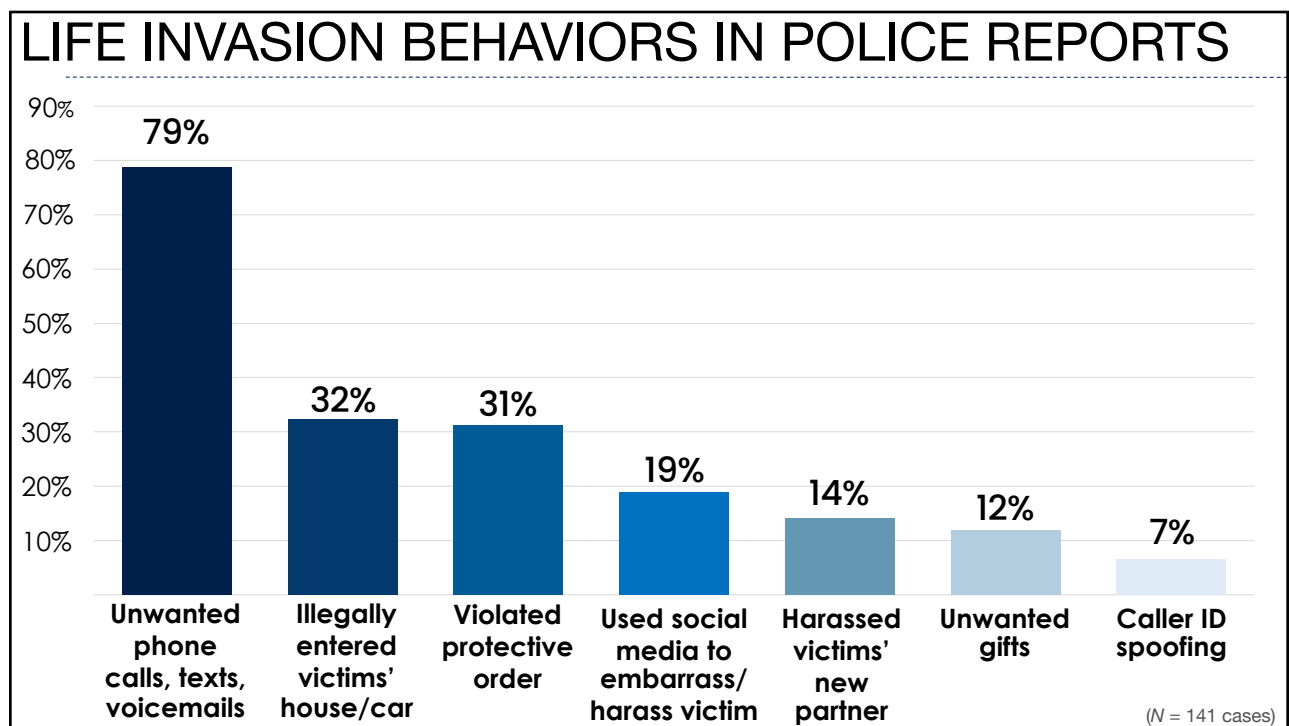
Public humiliation

Harass friends and family

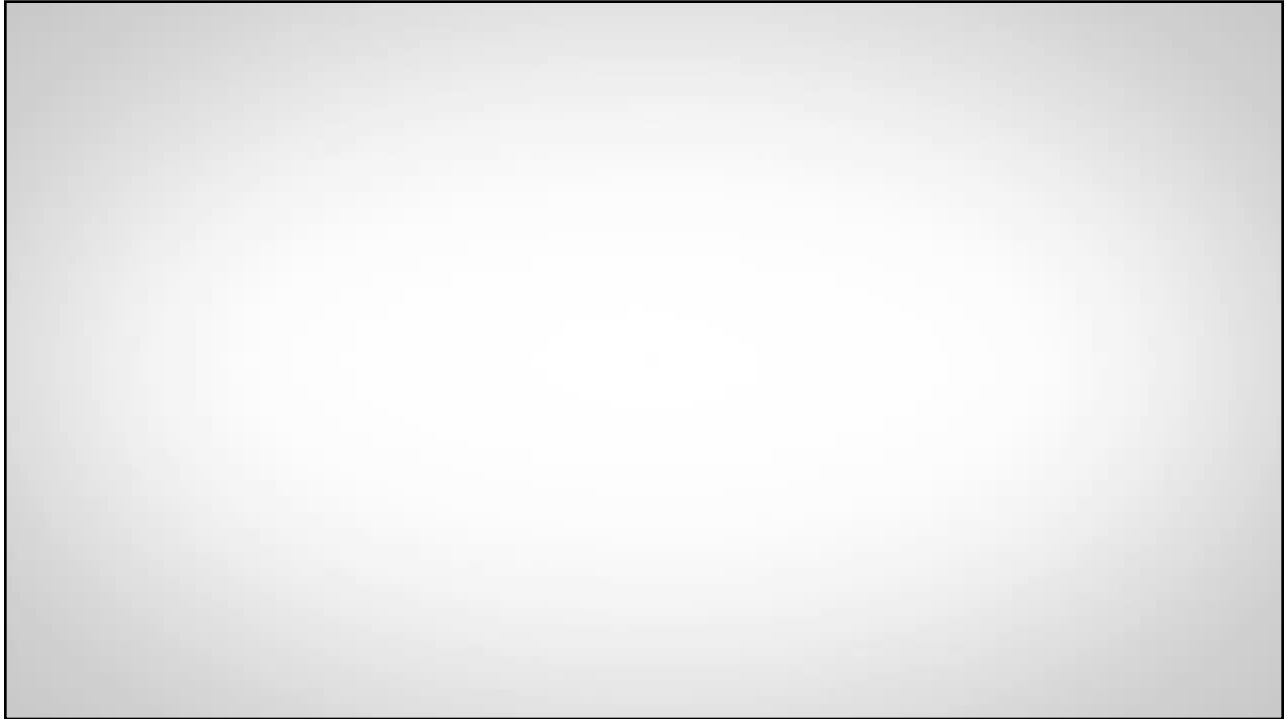
56



57



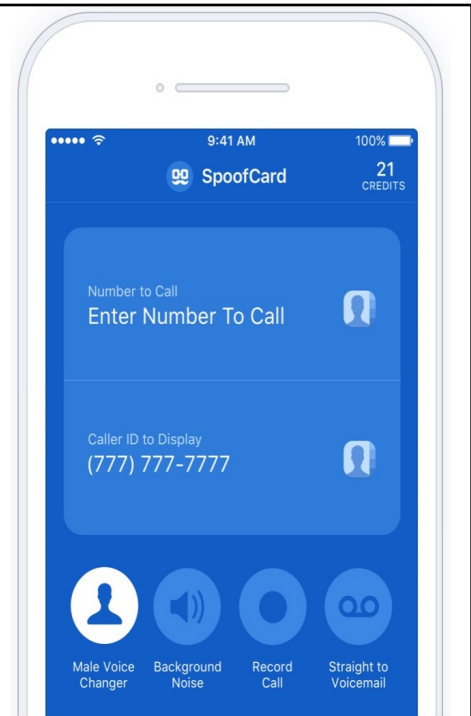
58



59

## Spoofering:

software/app that falsifies the caller's phone number to show up on your caller ID as the number of someone you know



60



# CALL, E-MAIL, & TEXT SPOOFING

Gives user ability to:

Change number/contact information shown on caller ID, text, e-mail

Change sound of voice

Record calls

The advertisement for SpooferCard features a blue and yellow color scheme. At the top, the logo 'SpooferCard' is displayed with the tagline 'BE WHO YOU WANT TO BE!' and the website 'www.spoofercard.com'. Below the logo, the text reads 'It's YOUR call!' followed by a 'TRY IT NOW' button. A sub-headline states: 'Display any number on Caller ID, Change your Voice & Record your Calls. SpooferCard works from any phone, anytime, anywhere!'. The ad is divided into three steps: 'Step 1: Fake Your Caller ID! Insert any Number!', 'Step 2: Disguise Your Voice! Male, Female or your Own!', and 'Step 3: Record Your Call! Save and Replay!'. At the bottom, it offers a 'Free Trial: 1-866-909-5455' and emphasizes 'Totally Private! - Totally Fun! - Totally Legal!'.

61

The screenshot shows the SpooferCard website interface. On the left is a mobile phone mockup displaying a text message conversation. The main content area is titled 'Your Package' and includes a navigation bar with 'Features', 'Buy Credits', 'Get Our App', 'Support', 'Login', and a 'GET STARTED' button. A dropdown menu shows 'Based on calls to United States'. Below this are two payment options: 'Monthly Membership' and 'Pay as you go'. A table of packages is shown, with the \$29.95 option highlighted as the 'MOST POPULAR OPTION'. A note at the bottom states 'All packages include access to both spoof texting and spoof calling.' with radio buttons for 'Spoof Calls' (selected) and 'Spoof Texts'.

Package Price	Credits	Call Time	Action
\$9.95	45 Credits	45 minutes of call time	Select
\$19.95	100 Credits	100 minutes of call time	Select
\$29.95	160 Credits	160 minutes of call time	Select (Most Popular)
\$49.95	280 Credits	280 minutes of call time	Select
\$99.95	600 Credits	600 minutes of call time	Select

62

email and facebook accounts. when the phone was returned to her she was no longer able to access either account. She believes he turned on some type of auto-tracking feature on her phone. She said "he always knows where I am at.

stated that was the only person who knew the login and password to her lookout account, and she found out that on this date somebody had paid a \$2.99 fee to upgrade the lookout account to access additional features, which would allow someone to download photos, videos, all of the contacts on the phone, also to track the phone and to be able to reset the phone and wipe its memory. stated that she was concerned about the phone being wiped because

again it had returned to the factory reset settings. believes that currently has some sort of spyware on her phone and she has had to change phones and providers three separate times, and similar behavior persists even when she changes her phone or provider.

63

auto tracking feature on her phone. she said "he always knows where I am at texts me telling me exactly where I am at!" She has blocked his profile but creates other profiles in an effort to contact her.

on the above date, I responded to a complaint about a protection order violation. explained that has texted and called him from different phone numbers and he believes she has an application that allows her to do that. He handed me his cell phone and I read through some of the text messages again it had returned to the factory reset settings. believes that currently has some sort of spyware on her phone and she has had to change phones and providers three separate times, and similar behavior persists even when she changes her phone or provider.

said was concealing her phone to review who she was calling to. She advised that on one occasion, when he had her phone he accessed her email and Facebook accounts. When the phone was returned to her she was no longer able to access either account. She believes he turned on some type of auto-tracking feature on her phone. She said "he always knows where I am at.

64



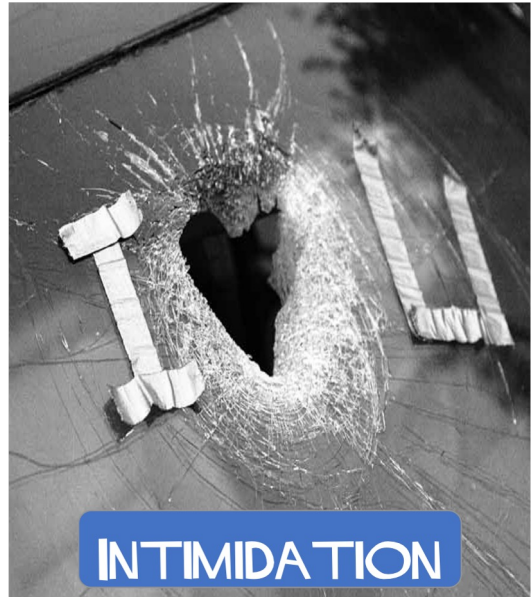
## SLII: INTIMIDATION

Implicit and explicit threats

Property damage

Threatened or actual self-harm

Threats about harming others close to victim



65

**STRICTLY STALKING**  
WITH JAIMIE BEEBE & JAKE DEPTULA

Season 1, Episode 6  
Serial Stalking:  
Stalking Anna Nasset

podcastone

66



**STRICTLY  
STALKING**  
WITH JAIMIE BEEBE & JAKE DEPTULA

podcastone

Season 3, Episode 114  
Obsessed listener:  
Stalking Amy O.



67



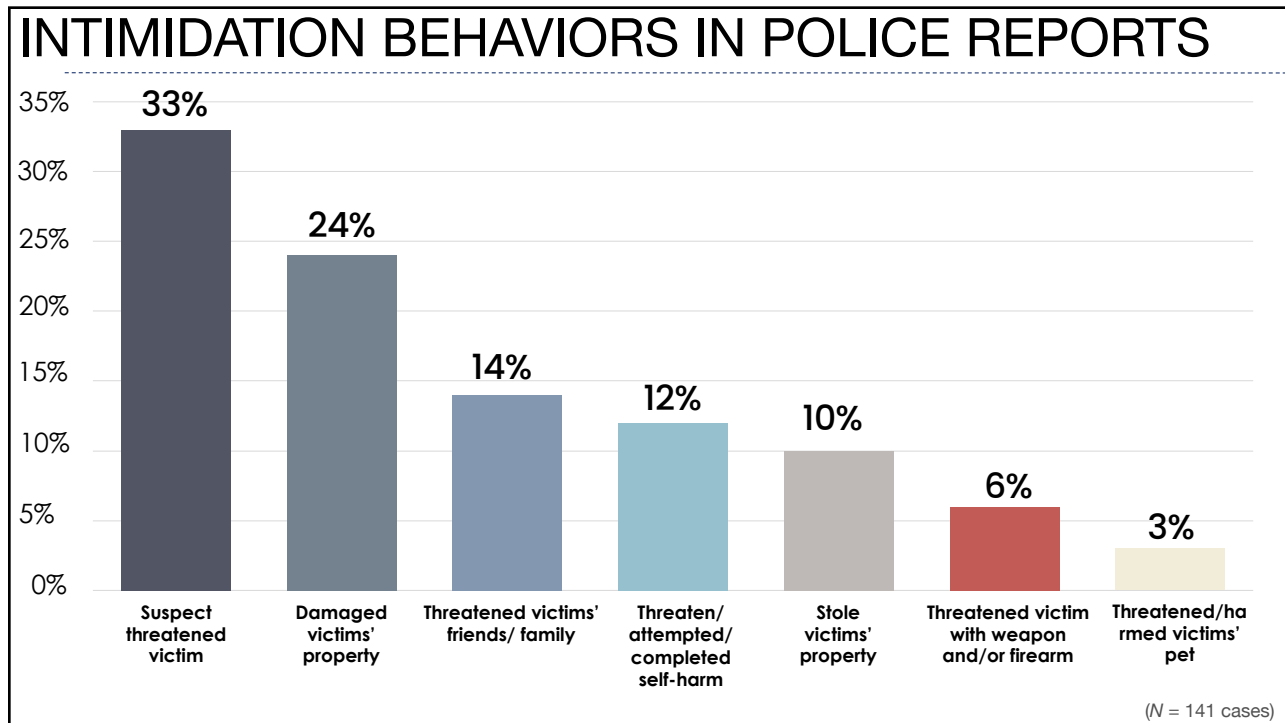
**STRICTLY  
STALKING**  
WITH JAIMIE BEEBE & JAKE DEPTULA

podcastone

Season 2, Episode 77  
A dangerous divorce:  
Stalking Kathy



68



69

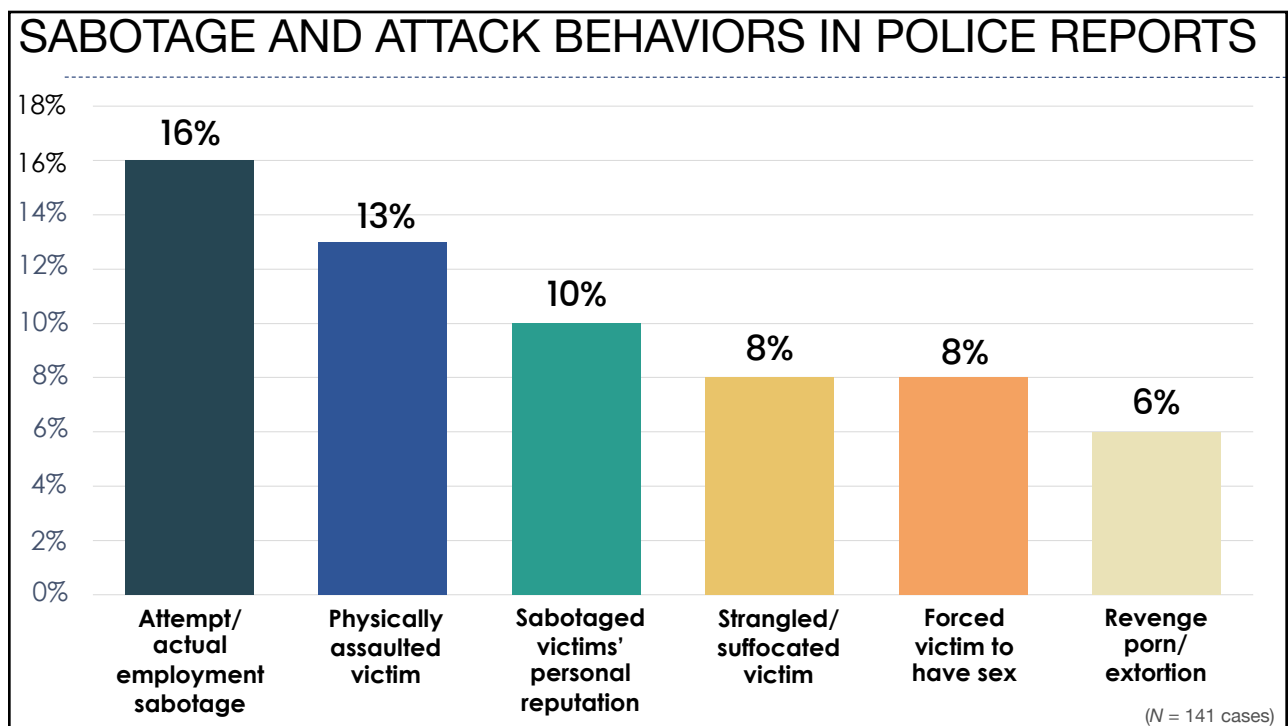
## SLII: INTERFERENCE

Financial, school, or work sabotage	Keep from leaving
Sabotaging personal & professional reputations	Threatening/attacking friends & family
Custody interference	Road rage
Physical/sexual assault	

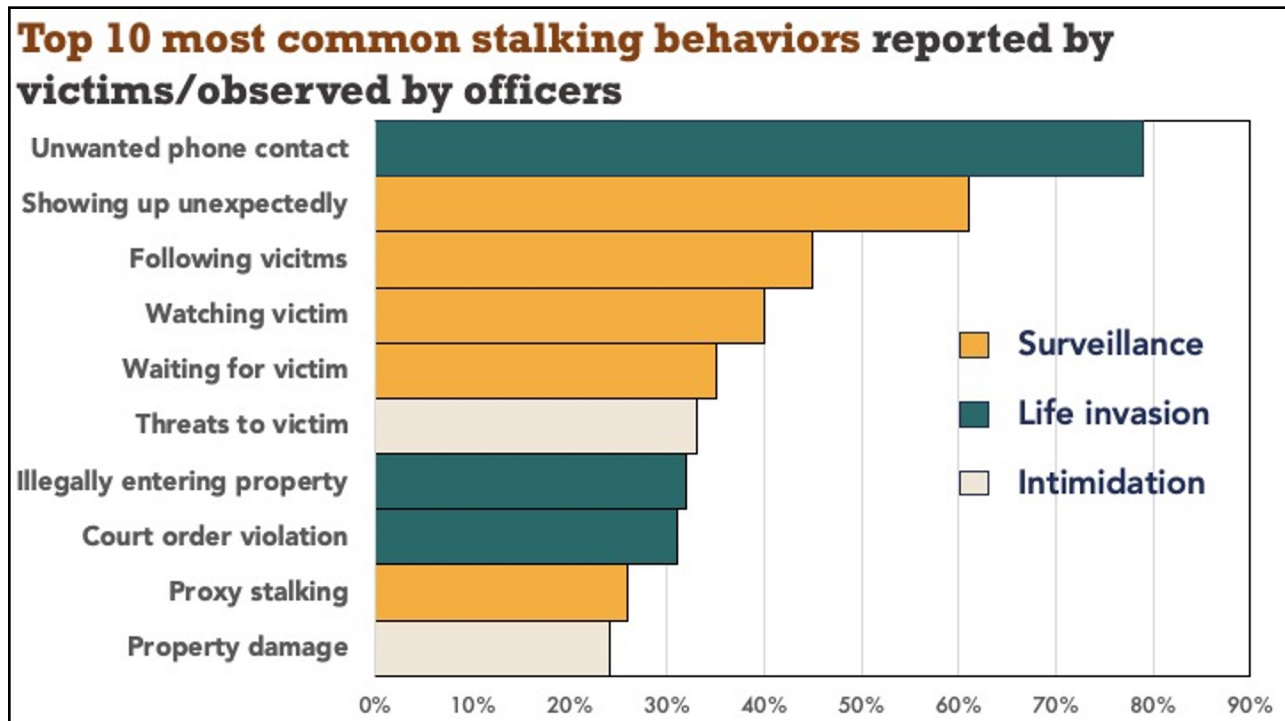
70



71



72



73

## MOVING FORWARD

Stalking is a **lethal risk factor** domestic & sexual violence perpetrators use to coerce compliance

**Cyberstalking only** becoming more common – what are we doing to prepare?

Corroboration:

**COURSE OF CONDUCT:** SLII Framework

**EMOTIONAL ELEMENTS:** Ask about changes to personal/professional quality of life;

74

# RESOURCES FOR PROFESSIONALS

75



The banner features a QR code in the top left corner. The main title 'SPARC' is prominently displayed in the center, with the full name 'STALKING PREVENTION, AWARENESS, AND RESOURCE CENTER' to its right. Below the title, there are four distinct resource sections:

- www.StalkingAwareness.org**: A central box listing resources such as Practitioner guides, Training modules, Victim resources, and Webinars. It includes social media icons for Instagram, Facebook, and Twitter, with the handle @FollowUsLegally and a prompt to sign up for the newsletter.
- Responding to Stalking: A Guide for Corrections & Probation**: A section featuring a book cover from the American Probation and Parole Association.
- Responding to Stalking: A Guide for Advocates**: A section featuring a book cover from SPARC.
- STALKING RESPONSE CHECKLIST**: A section with a green checkmark icon and a checklist titled 'Addressing Stalking: A Checklist for Domestic and Sexual Violence Organizations'. The checklist includes items like 'Have you ever been in a shelter, family violence center, hospital, jail, or police station?' and 'Have you ever been in a shelter, family violence center, hospital, jail, or police station?'.
- Safety Planning Strategies**: A section featuring a woman on a phone call.

76



**AEQUITAS** About Us Resources Consultations Trainings Initiatives Connect

# Champions for Justice

AEQUITAS is a nonprofit organization focused on developing, evaluating, and refining prosecution practices related to gender-based violence and human trafficking. We're a team of former prosecutors with decades of experience, working globally to hold offenders accountable and promote victim safety.

About Us

**Resources**  
Create, research, and curate publications, statutory and case law compilations, and other resources that strengthen prosecution practices  
[Browse our Library](#)

**Consultations**  
Offer on-demand 24/7 consultations with our seasoned prosecutors to answer case-specific inquiries, discuss prosecution strategies, conduct research, and recommend data-driven solutions  
[Consult with AEQUITAS](#)

**Training Events**  
Develop curricula and facilitate a wide range of specialized in-person and web-based trainings designed to empower prosecutors and allied professionals  
[Attend a Training](#)

**Partnerships & Initiatives**  
Provide long-term support in building frameworks for coordinated responses to gender-based violence, including data collection and analysis, task force development, and training  
[Discover our Initiatives](#)

**THE PROSECUTOR'S GUIDE TO STALKING**

77

## STRANGULATION SUPPLEMENT

**RESPOND AGAINST VIOLENCE**

**SCAN ME**

78

**Stalking and Harassment Assessment and Risk Profile (SHARP)**  
CoerciveControl.org

15-minute online assessment  
Articulates “big picture” of stalking

Narrative Report & Risk Profile      Safety Planning Suggestions

TAKE A PHOTO OF THIS FOR MORE

79

**LOOK WHO'S STALKING**

**IDENTIFYING & CORROBORATING STALKING**

---

**STALKING**

**Patrick Q. Brady, Ph.D.**  
Department of Criminal Justice  
University of Colorado Colorado Springs  
[pbrady@uccs.edu](mailto:pbrady@uccs.edu)

80